



# HOLY SPIRIT

## CATHOLIC CHURCH

March 30, 2025

4th Sunday of Lent - Laetare Sunday  
IV Domingo de Cuaresma - domingo de laetare

**Welcome.**

We rejoice in your presence among us as we gather in faith.

Altar of the Church

# About Us

We are a Catholic community united in our commitment to live out the Gospel. We're the hands, feet, and heart of Christ in the world. As the Body of Christ, we each play a role in bringing the Gospel alive, embodying Jesus' teachings, and building God's Kingdom.

## Our Clergy



### PASTOR

Fr. Luke Ballman  
lballman@hscctl.com



### PAROCHIAL VICAR

Fr. Joseph Nguyen  
jnguyen@hscctl.com



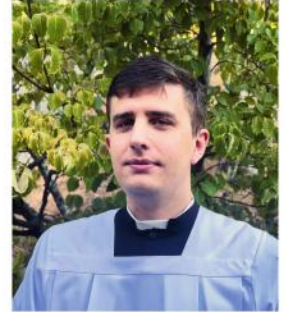
### PAROCHIAL VICAR

Fr. Roberto Suarez  
rsuarez@hscctl.com



### IN RESIDENCE

Fr. Hieu Ha  
hha@hscctl.com



### SEMINARIAN

Chrystian Bis  
cbis@hscctl.com



### DEACON

Steve Demko  
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### DEACON

Bill McCarthy  
bmccarthy@hscctl.com



### DEACON

Javier Oliver  
joliver@hscctl.com



### DEACON

Whitney Robichaux  
wrobichaux@hscctl.com



### DEACON

Allen Underwood  
aunderwood@hscctl.com

## Connecting

### CONNECT

4465 Northside Drive  
Atlanta, GA 30327  
404-252-4513  
hscctl.com

### OFFICE HOURS

**Monday - Friday**  
9:00 AM - 5:00 PM

### BULLETIN/WEBSITE EMAIL SUBMISSIONS

bulletin@hscctl.com  
Bulletin deadline is three  
weeks prior to the date  
requested.

### MASS TIMES

**Monday - Friday**  
8:30 AM and 6:00 PM  
**Saturday**  
8:30 AM and 5:00 PM  
**Sunday**  
7:00 AM (Esp), 8:30 AM,  
10:00 AM, 11:30 AM,  
1:00 PM (Esp) and 5:30 PM

### SACRAMENT OF PENANCE

**Saturdays** 4:00 PM - 4:45 PM  
**Sundays** 9:30 AM - 12:30 PM

Located in St. Mary's Chapel  
Bride's Room

## Giving

### Parish Support

Thank you for your generous  
support. Scan the QR Code if  
you would like to contribute to  
our growing parish community.



### PARISH SUPPORT

HSCC also accepts stock donations through the Archdiocese  
of Atlanta. If you would like to donate stock, please visit  
[lifeofthechurch.com/donate](http://lifeofthechurch.com/donate) for instructions. Please contact  
Tracy Zelczak, [tzelczak@archatl.com](mailto:tzelczak@archatl.com), 404-920-7606 or Kelly  
Angelo at the church office, [kangelo@hscctl.com](mailto:kangelo@hscctl.com) with any  
questions.

# Mass Intentions



Church Tabernacle

## March 31 - April 6

Monday March 31	8:30 AM 6:00 PM	Manny Marinas + Donna Durkan +
Tuesday April 1	8:30 AM 6:00 PM	Anne Dijamco McGinty Dobbs Laird
Wednesday April 2	8:30 AM 6:00 PM	Elizabeth McLean + Rory James Craig +
Thursday April 3	8:30 AM 6:00 PM	Matthew Ballman + Mary Jo Moore +
Friday April 4	8:30 AM 6:00 PM	Beth Drisaldi Dick Schweitzer
Saturday April 5	8:30 AM 5:00 PM	Steve McInaney Mina and Ludwig Rauch +
Sunday April 6	Esp 7:00 AM 8:30 AM 10:00 AM 11:30 AM Esp 1:00 PM 5:30 PM	Eduardo Gomez + Baby Szambelan + The Steven Rayappa Family For the People of Holy Spirit Almas de Purgatorio + Kate Laird

(+) Deceased. Request Mass Intentions at [massintentions@hscatl.com](mailto:massintentions@hscatl.com)

## Prayers for the Sick

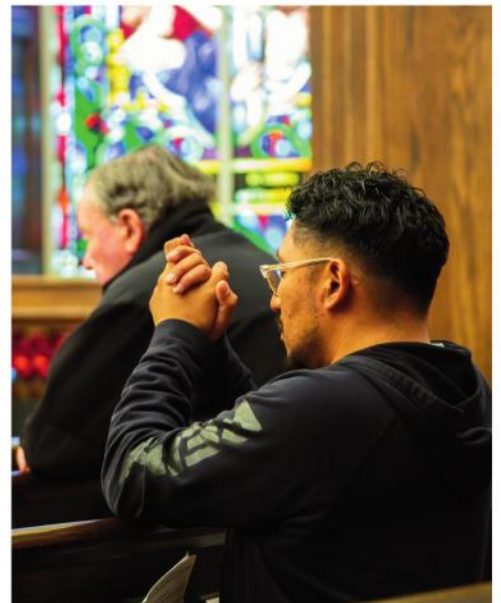
Carol Bolash, Theresa Brindock, Liana Carey, Skeet Fischer, Carolyn Hyde, Christine Jenifer, Gery Laube, Sam Leveto, Kathryn Maras, Judy Nieves, Jan Ruane, Cecilia Rusca, Sherry Sawicki, Judy Scalley, Alice Smith, Jack Soltis, Tracy Winsor

### Prayers for the Sick in the Community

Jack Brodie, James Busby, Cleo Calogeropoulos, Nick Colley, Janet Etheridge, Barbara Genner, Stephanie Kittrell Hall, Larry Hardin, Sandy Johnson, Robert Joyce, Debra Kammermann, Diana McDonald, Lance McNeilis, Mark Oprisch, Rosa Newburn Soltis, Jim Staudohar, Robert Stenzel, James Torcivia, Bridget Triggs, Gabriel Triggs, Bob Wojciechowski

### Prayer List Policy

For prayers for the sick for parishioners and immediate family members contact the parish office at 404-252-4513 or email [kschulman@hscatl.com](mailto:kschulman@hscatl.com). You can also submit prayer requests for friends and non-family members at the votive candle stands in St. Mary's Chapel and the Church.



### Baptism

Lucas Charles Lyons

### New Parishioners

Victoria, Rob, and Scottie Sibbits  
Kathryn Tschirn and Katelyn Gibbs

### Prayers for the Repose of the Soul of

Nizida Garcia

# Upcoming Events

## Receive God's Mercy: Lenten Penance Service This Thursday, April 3

Experience God's mercy and compassion this Lent through the Sacrament of Penance. Our Lenten Penance service is this Thursday, April 3, at 6:30 PM in the Church. We will have a number of priests on hand to hear confessions.

We will continue to offer confessions on Saturday afternoons and Sunday mornings throughout Lent, in addition to Good Friday. Confessions will be heard on Good Friday, April 18, from 11:00 AM - 2:00 PM (must be in line at 1:00 PM).



## First Friday Adoration: Spend Time with the Lord Friday, April 4

Our monthly First Friday Adoration will take place in St. Mary's Chapel on Friday, April 4, from 9:00 AM until 5:00 PM, and again from 6:30 PM until 8:30 AM. All are invited to stop by the chapel to spend some quiet time in prayer with the Lord. For those interested in serving as a guardian by committing to one hour each month, please visit [hscatl.com/myhour](http://hscatl.com/myhour) to sign up.

## First Saturday Rosary - Saturday, April 5

Please join us in St. Mary's Chapel after the 8:30 AM Mass, on Saturday, April 5, to pray the rosary and unite in prayer with our Blessed Mother. Please direct all questions to Anne Rieger at [annerieger@icloud.com](mailto:annerieger@icloud.com).

## This Week's Scripture

*"But while he was still a long way off, his father caught sight of him, and was filled with compassion." – Luke 15:20*

## An exercise for this week:

Ask for the grace to understand and accept a bit more fully the Father's unconditional love for you. Ask as well for the grace to love yourself more fully.



PLEASE JOIN US FOR AN

# Agape Meal

In celebration of the end of Lent  
and in preparation for the Triduum fast.

**WEDNESDAY, APRIL 16 | 6:30 PM | MCDONOUGH HALL**

Dinner Cost: \$15

RSVP online: [www.hscatl.com/rsvp](http://www.hscatl.com/rsvp)

# Parish News

**Don't Delay in Taking the Disciple Maker Index (DMI) Survey!**



Survey closes on April 6

## Congratulations to Susan Selman and James Richter

Our heartfelt congratulations to Women's Club Ministry Leader Susan Selman and Elite Altar Server James Richter, who were recognized earlier this month as Holy Spirit Catholic Church's "Woman of the Year" and "Youth of the Year" at a Mass celebrated by Archbishop Hartmayer.

The Atlanta Archdiocesan Council of Catholic Women recognizes one woman and one teen from each parish at their annual Mass.



Susan Selman



James Richter

## Men's Club Presents: The Making of a Priest: A Seminarian's Journey

Have you ever wondered what goes into preparing men for the priesthood? At the April Men's Club meeting, seminarian Chrystian Bis will review the life of a seminarian from the first day until the end of the multi-year process of priestly formation from studies, ministry, prayer, and even leisure. Chrystian will also answer any questions you may have about seminarian life and formation.

All men of the parish are invited to join Chrystian on Monday, April 7, at 6:30 PM in McDonough Hall for an evening you won't want to miss. The cost for dinner is \$20. RSVP online if you will attend.



## Increase Your Retirement Income, Receive a Tax Deduction, and Leave a Gift to Holy Spirit Catholic Church

If you are 65 or older, you can create a charitable gift annuity and receive quarterly payments for life. To receive a personalized illustration of how this could work for you, please contact Juliet Greco at the

Catholic Foundation at [jgreco@cfnga.org](mailto:jgreco@cfnga.org) or 404-497-9440 for more information on this charitable opportunity.



**In February, we took 29 calls to our hotline ...**

*Love your Neighbor  
Live Vincentian*



...helping 24 households and 39 neighbors, including 15 children. When you volunteer or donate to St. Vincent de Paul, the love you share fills empty plates, prevents evictions, keeps the heat on, and brings hope to those who need it most. Together, we can make a lasting difference in our community.

Whether it's answering our hotline, collecting donations at Masses, making home visits, or simply joining our meetings for spiritual growth, you can give as much or as little as you can. To help, email [SVDP@HSCCATL.com](mailto:SVDP@HSCCATL.com) or join us on Tuesday, April 1st at 7:00 PM in the lower level of the Parish office. Fellowship starts at 6:30



Vincentians: Kate Harris & Manny Sequeira

# Stations of The Cross

Pray the Stations of the Cross with your parish family every Friday during Lent at 5:00 PM (English) in St. Mary's Chapel or 7:00 PM (Spanish) in the Church



## Fish Frys Hosted By the Knights of Columbus

Choose from fried cod fillets, grilled salmon, fried whole tilapia (when available), and baked shrimp. Each entrée is accompanied by an array of sides. Wine and beer will be served (donations accepted). Meals are \$15. Pre-orders or "walk-ups" are equally welcome beginning at 6:30 PM. RSVP online at [hsccatl.com/rsvp](https://hsccatl.com/rsvp).



## Confessions

Experience God's mercy and compassion this Lent through the Sacrament of Penance. Confessions are heard on Saturdays from 4:00 PM – 4:45 PM and Sundays from 9:30 AM – 12:30 PM near St. Mary's Chapel. Our Lenten Penance Service is at 6:30 PM on Thursday, April 3.



## Adoration

Spend time in prayer before the Blessed Sacrament on Sunday mornings from 9:30 AM – 12:30 PM in St. Mary's Chapel. We have First Friday Adoration on April 4.



## Abstinence / Fasting

**Abstinence** from meat on all the Fridays of Lent, and Good Friday (April 18) by all Catholics 14 years of age and older. **Fasting** on Good Friday (April 18) by all Catholics who are 18 to 59 years of age. This translates to one main meal and two smaller meals.



OUR JOURNEY  
THROUGH  
**LENT**



**HOLY SPIRIT**  
CATHOLIC CHURCH

# Parish News

## Attention! Early Bulletin Deadline

Because of the Easter holiday and an early deadline from our printer, please send in any announcements for the April 20 bulletin by noon on Wednesday, April 2.

## Gold Award Project to Help Provide Easter Dinner to Those in Need



Gianna Mulcare, one of our Elite Altar Servers, is working on her Girl Scout Gold Award by organizing an Easter food drive for the Solidarity of Sandy Springs food pantry. Gianna hopes to collect 5,000 items of the most popular foods: 1,000 boxes EACH of cereal and pasta AND 1,000 cans EACH of pasta sauce, tuna fish, and chicken salad.

Items will be delivered to the pantry on April 12, to allow shoppers time to shop for their Easter dinner. If you would like to help, items may be shipped via an Amazon wish list accessed by the below QR code or donations given via Venmo to her mom @Tricia-Mulcare.



Your monetary donations can help:  
\$200: at least 5 of each item above  
\$150: at least 4 of each item above  
\$110: at least 3 of each item above  
\$75: at least 2 of each item above  
\$35: at least 1 of each item

Thank you for your support.

## Walking With Purpose Bible Study to Resume on April 3

Join Walking With Purpose for a women's Bible study on 2 Timothy—Paul's final, heartfelt letter to his friend and disciple. Together, we'll explore what it means to be a Catholic woman who knows Christ and makes Him known.

**Thursdays, April 3–May 29**  
**6:30–8:00 PM | Malta Hall**

All women are welcome! To register or learn more, email [WWPHolySpirit@gmail.com](mailto:WWPHolySpirit@gmail.com). Book link available on the parish website.

*"I have participated in and led studies for several years. While Sunday Mass provides an opportunity to hear the scriptures, Bible study goes deeper. It offers reflection, dialogue, and personal application of God's Word in a group setting, where we share insights, ask questions, and connect with like-minded women. It is also a space for individual growth and with regular personal readings, you give yourself a gift to listen more closely to God's voice. Bible study has beautifully transformed my life and brought me closer to Jesus. I pray you find the time to join us!" - Jewel Woodgett*

## K NIGHTLY NEWS

### Meetings

Our next Council Meeting is Monday, April 21, at 6:30 PM in McDonough Hall

If you're a Catholic male over the age of 18, we'd love to have you join us. Come meet the Knights. See for yourself what we're up to: the charities we support - the activities in which we're engaged - the communities we serve. We'll even throw in dinner!

To learn more, contact John Williams, Grand Knight, at [6517gk@gakofc.org](mailto:6517gk@gakofc.org).



**Knights of Columbus®**

## Did you get your Lenten book this year? We apologize if you didn't.

It turns out that demand far exceeded supply. How do we know? We were out of Lenten books after the 11:30 AM Mass on that first Sunday. We also had some Easter books to offer, but we worry that there simply weren't enough. Well, Lent is a time for penance. We're on it.



## Seeing Double? Nah, We Had Two Working the Grill Our First Fish Fry



**Jose Luis Avila: Master Griller**  
(with sidekick / observer)

Yeah, we know. A lot of you love the grilled salmon we offer. So we put our best Knights on it for our first Lenten Friday. Back by popular demand, Jose Luis was again manning the grill working his "salmon magic". Gracias Jose! Agradecemos tu participacion.

**Chris Hooper: Master Griller**  
(with sidekick / observer)

No rookie to preparing Knights meals ... pancake breakfasts, fish fry dinners, Wednesday night dinners ... Chris has his own professional knife collection (he means business in the kitchen). Sometimes it scares even us. But he also knows his way around a grill and displayed that prowess on our first Fish Fry Friday. Thanks, Chris!



## MINISTRY SPOTLIGHT

### Great Books Discussion Group

Join our lively discussion group as we explore thought-provoking literature that challenges and broadens our thinking. Guided by selections from the Great Books Foundation, we examine works from various traditions and time periods, gaining deeper insights into human interactions and faith. Some of this year's selections have included: *The Idea of Christ in the Gospel*, *On Happiness*, *Love is Not a Pie*, and *The Heart of Darkness*.

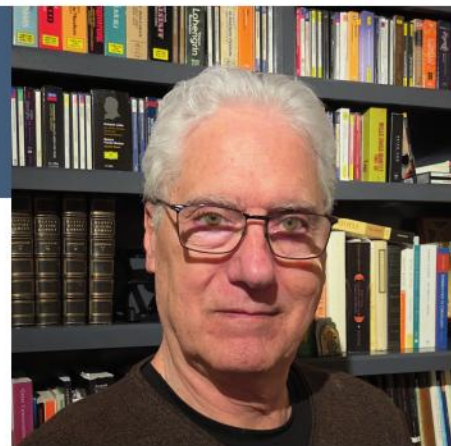
#### Next Meeting:

Thursday, April 10 at 7:00 PM in Malta Hall

We'll be discussing *Heart of Darkness* by Joseph Conrad—a gripping exploration of power and morality that inspired *Apocalypse Now*.

#### Group Details:

Meets the second Thursday of each month, September – May, from 7:00 PM – 9:00 PM in Malta Hall. Readings are done in advance, and attendance is flexible.



Patrick Carey

For more information about the Great Books Discussion Group contact Patrick Carey at [careyph@bellsouth.net](mailto:careyph@bellsouth.net) or 770-241-2511.

Some of the members of the Great Books Discussion Group at their March meeting



Mae Maltin and Wayne Robinson



Dave Labbe, Juliana and Ben Lee



Jim Kennealy and Naomi Harper



SPIRITUAL | SERVICE | SOCIAL

## Women's Club News

### Upcoming Events

#### Women's Club April Meeting

Save the date of Monday, April 14, for the next Women's Club meeting featuring Kwynn Everest from Odd McLean: "Creating Beautiful Tablescapes." Kwynn will present at both 11:30 AM and 6:00 PM. The cost is \$20 and includes lunch or dinner.



#### Spring Fling

Volunteer at our Spring Fling for children from Indian Creek Elementary School in Clarkston on Wednesday, April 9 from 1:30 PM - 3:30 PM. Sign up on the Women's Club webpage.

Learn more and RSVP at [hscatl.com/women](http://hscatl.com/women).

# Evangelization & Faith Formation



**DIRECTOR OF  
EVANGELIZATION  
& FAITH FORMATION**  
Aimee McDonald  
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amcdonald@hscatl.com



**ADMIN. ASSISTANT  
EVANGELIZATION  
& FAITH FORMATION**  
Julie Ravry  
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**YOUTH & YOUNG ADULT  
MINISTRY LEADER**  
Paul Oakes  
ext. 204  
poakes@hscatl.com



**DIRECTOR OF OCIA**  
Dr. David King  
ext. 246  
dking@hscatl.com

**Office of Child and Youth Protection**  
Archdiocese of Atlanta  
24-hour Abuse Reporting Hotline:  
**1-888-437-0764**  
We are here to listen and take action.

## Sunday Morning Adult Speaker Series

**April 6 and 27 - 10:00 AM | McDonough Hall**

Mass is So Much More Than Meets the Eye - Part I (April 2) and Part II (April 27)  
Want to more fully appreciate the Mass? It makes present Jesus' perfect Sacrifice, incorporating us. The whole Church is present, angels adore with us. Mass is an extension of the Incarnation and mirrors the Heavenly Liturgy (as seen in Revelation); it's not mostly the homily or the atmosphere! Our part in the Mass means knowing the components and developing a hunger. The extraordinary grace from it depends on our readiness.

We'll look carefully at the Mass's origins, meaning, structure, and the encounter with the Lord Jesus every Mass. This can also assist parents in guiding kids through the Mass. (Tips: ask them on the way to Mass to form prayer intentions; have them follow the readings, telling afterwards one lesson learned; suggest an aspiration prayer at the Consecration and at Communion; pass them a post-Communion prayer card; purchase Magnifikids.)

## Vacation Bible School

[hscatl.com/vbs](http://hscatl.com/vbs)

### Birthday Blast

A celebration of life

**June 23 - 27th**

For kids ages 3 - 12  
(Rising 6th Graders)

## 2025 - 2026 Religious Education

[hscatl.com/childrenandteens](http://hscatl.com/childrenandteens)

**Registration is now open!**



## HOLY SPIRIT PHENIX

### Upcoming Teen Life Nights

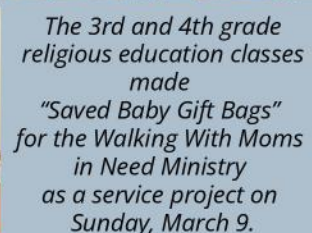
**Sundays at 6:30 PM**

**March 30** - Why is Easter so important?

**April 6** - How does Jesus transform us?

**May 4** - End of Year Party -  
Rising 9th graders are welcome!

Contact Paul Oakes, Director of Youth  
Ministry for more information.



*The 3rd and 4th grade  
religious education classes  
made  
"Saved Baby Gift Bags"  
for the Walking With Moms  
in Need Ministry  
as a service project on  
Sunday, March 9.*

# HSP Confirmation



The following Holy Spirit Prep students were confirmed on Wednesday, March 19th:

Bella Bloniarz  
Matthew Cabrera  
Isabella Cusimano  
Roman Donner  
Audrey Gatwood  
Aiden Grana  
Jordan Griswold  
Ellis Huebner III  
Evelyn Labbe  
Ariana Sofia Lajara  
Rachel Meder  
Liam Mess  
Sabrina Munoz  
Amayni Trejo  
Isaac Twomey  
Danny Villazon



Confirmed on Thursday, March 20:  
CJ Marc-Lecorps and Caroline Castellaw



Confirmed on Friday, March 21:  
Cameron Panchuk\* and Jane Hope

*\*received Sacraments of Baptism, First Communion and Confirmation*





**HOLY SPIRIT**  
CATHOLIC CHURCH

# EASTER

## EGG HUNT

**APRIL 19<sup>TH</sup>**  
**10AM-12 NOON**

**LOCATION:**  
**HSP BASEBALL FIELD**

**ALL CHILDREN**  
**OF THE PARISH**  
**ARE WELCOME!**

**RSVP AT**  
**[HSCCATL.COM/RSVP](http://HSCCATL.COM/RSVP)**



# Ministerio Hispano

## Nuestro Personal



**DIRECTORA DE EDUCACIÓN RELIGIOSA**

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xcapinegro@hscatl.com



**ASISTENTE ADMINISTRATIVA DE EDUCACIÓN RELIGIOSA**

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ecastro@hscatl.com



**COORDINADOR ADMINISTRATIVO**

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pransom@hscatl.com



**DIRECTOR DE MÚSICA**

Jorge Alvarez  
jalvarez@hscatl.com

## IGLESIA CATÓLICA DEL ESPÍRITU SANTO

404-303-9927  
hscatl.com/Centro-Catolico/

## HORARIO DE OFICINA

lunes - viernes  
9:00 AM - 5:00 PM

## SANTA MISA

domingo: 7:00 AM y 1:00 PM  
en la iglesia y en línea  
hscatl.com/LiveStream/Spanish/

## CONFESIONES

(español / inglés)  
domingos a las 8:30 AM

## OFERTORIO SEMANAL

16 de marzo - \$2,528

## Encuesta - Creadores de Discípulos



Escanear código QR

No espere más! para completar la encuesta de "Creadores de Discípulos" (IDC). Esta importante encuesta es esencial para que Holy Spirit evalúe nuestras mayores fortalezas y oportunidades, para que nuestra parroquia pueda prosperar. Si es feligrés, responda! la encuesta hoy mismo. La fecha limite para completar la encuesta es el 6 de abril.

## Confesiones para Cuaresma

Viernes 4 de abril al las 7:30 PM en el Centro Católico.

## Estaciones de la Cruz

Apóstoles de la Palabra invitan a rezar el viacrucis el día 28 de marzo a las 7:00 PM. En "El Camino de la Cruz" se reza con amor y agradecimiento por lo mucho que sufrió Jesús para salvarnos del pecado durante su pasión y muerte".

## Fish Fry en Cuaresma - Viernes de 6:30 PM a 8:00 PM en McDonough Hall

Porque no dejar que los Caballeros proporcionen sus cenas de los viernes durante la Cuaresma? Les encantará los filetes de bacalao fritos o el salmón a la parrilla y camarones al horno, si está disponible también se ofrecerá tilapia entera frita, además de una variedad de acompañamientos: papas fritas, ensalada de repollo, arroz, lentejas, salsa y pan de maíz. Cada comida por adulto cuesta \$15; por niño \$8 y familia de 5+ \$35 (más donaciones para vino o cerveza).

## Para Reflexionar en Nuestros Hogares

Cita Bíblica

*"Y si Ustedes no renuncian a sus caminos, todos perecerán de igual modo." - Lc 13:5*

## Ejercicio de la semana

Tómate un tiempo para reflexionar y renovarte sinceramente. Identifica un hábito, actitud o distracción que te aleja de Dios y pídele que te revele el siguiente paso que debes dar para cambiar. Luego, pide la gracia para lograr ese cambio.

## ABIERTAS!!!

Inscripciones para OICA (Orden de Iniciación Cristiana para Adultos)

Si eres adulto y aún te falta recibir algún sacramento, queremos acompañarte en ese camino. El programa de OICA tiene inscripciones abiertas. Para más información, comunícate con las oficinas del Centro. ¡Estamos aquí para ayudarte!

Iniciación de clases en agosto de 2025.

## Catequesis Para Niños y Jóvenes

Orden de Iniciación Cristiana para niños (OCIC) mayores de 7 años sin Bautizar. Desde el 26 de mayo hasta el 31 de julio, se realizarán las inscripciones para Primera comunión, Confirmación y OCIA. Para mayor información comunicarse al Centro Católico al tel. 404-303-9927.



# Viacrucis

Rezo de las Estaciones de la Cruz todos los viernes durante la Cuaresma a las 5:00 PM (en inglés) en la Capilla de Santa María o a las 7:00 PM (en español) en la Iglesia.



# Fish Frys

Organizado por los Caballeros de Colón

Usted podrá elegir entre filetes de bacalao frito, salmón a la parrilla, tilapia entera frita (cuando esté disponible) y camarones al horno. Cada plato estará acompañado por diferentes guarniciones. Se servirá vino y cerveza (se aceptan donaciones). Las comidas cuestan \$15. Todos son bienvenidos tengan o no reservación, o hagan su pedido anticipadamente. Viernes 6:30 PM en McDonough Hall.



# Confesiones

Experimente la misericordia y compasión de Dios esta Cuaresma a través del Sacramento de la Penitencia. Hay confesiones en español todos los domingos de 8:30 AM - 9:30 AM cerca de la Capilla de Santa María. Las confesiones cuaresmales son el viernes 4 de abril a las 7:30 PM en el área del Centro.



# Adoración

Pase un tiempo en oración ante el Santísimo Sacramento el domingo por la mañana de 9:30 AM a 12:30 PM en la Capilla de Santa María. Tenemos la Adoración de los primeros viernes el 4 de abril.



# Abstinencia y ayuno

Abstinencia de carne todos los viernes de Cuaresma y el Viernes Santo (18 de abril) para todos los católicos de 14 años o más. Ayuno el Viernes Santo (18 de abril) para todos los católicos de 18 a 59 años de edad. Ayunar significa una comida completa y dos comidas más pequeñas en el día.





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DR. SERGE SAUTRE  
Parishioner



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FROM 6 MONTHS OLD  
THROUGH 12TH GRADE  
[HolySpiritPrep.org/Admissions](http://HolySpiritPrep.org/Admissions)



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Water Treatment • Operations and Maintenance  
Energy Efficiency • Plumbing Services

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**[www.aircond.com](http://www.aircond.com)**



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• Cybersecurity  
• Web Development



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Emory Saint Joseph's Hospital, Atlanta's only Catholic hospital, is proud to provide clinically excellent health care in the spirit of loving service to those in need.

To learn more or find a provider, please scan the QR code.



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In order to be included in the Easter bulletin, all names and payments must be received by  
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